



Degree Applicable
Effective Quarter: Fall 2008

I. Catalog Information

COUN 80W	Special Topics in Counseling	0 1/2 Unit(s)
COUN 80X		1 Unit(s)
COUN 80Y		2 Unit(s)
COUN 80Z		3 Unit(s)

Advisory: English Writing 211 and Reading 211 (or Language Arts 211), or English as a Second Language 272 and 273.

(Any combination of Counseling 80W, X, Y, Z may be taken up to six times, not to exceed 18 units, as long as the topics/projects are different each time.)

One hour lecture for each unit of credit.

Selected counseling topics with a focus on academic and personal development.

II. Course Objectives

- A. Demonstrate understanding of selected counseling topics with focus on goal attainment in academic and personal development.
- B. Examine and analyze how topical information relates to personal decision-making.
- C. Apply and integrate principles for personal adoption.

III. Essential Student Materials

None

IV. Essential College Facilities

None

V. Expanded Description: Content and Form

- A. Demonstrate understanding of selected counseling topics with focus on goal attainment in academic and personal development.
 - 1. Analyze selected topics to understand how issues and principles affect academic and personal development.
 - 2. Explore cultural implications of issues and principles.
- B. Examine and analyze how topical information relates to personal decision-making.
 - 1. Examine factors that influence personal decision-making including culture and worldview.
 - 2. Assess and explore personal cultural congruence with topics, principles, and issues.
 - 3. Analyze and identify principles for personal adoption.
- C. Apply and integrate principles for personal adoption.
 - 1. Identify specific developmental goals.
 - 2. Examine and apply strategies for successful integration of principles
 - 3. Develop a plan that synthesizes decision-making, learned principles, and personal cultural context.

VI. Assignments

- A. Reading
 - 1. Required text readings
 - 2. Selected readings from supplemental readers, periodicals, or handouts.
- B. Writing

1. Journal
 2. Essay
- C. Other**
1. Student projects
 2. Informational interviews
 3. Values clarification assessments
 4. Presentations
 5. Group projects
 6. Internet research

VII. Methods of Instruction

Lecture and visual aids
Discussion of assigned reading
In-class essays
Homework and extended projects
Guest speakers
Collaborative learning and small group exercises
Collaborative projects
Discussion and problem solving performed in class

VIII. Methods of Evaluating Objectives

- A.** Participation in class discussion
- B.** Presentation: Individual or group
- C.** Final project based on topic
- D.** Journal and essay writing

IX. Texts and Supporting References

- A.** Examples of Primary Texts and References
 1. Texts and supporting references will vary with the topic and the instructor
- B.** Examples of Supporting Texts and References
 1. None